

Check list of your belongings

	Item	Selling in the AOTS Training Centers	Remarks
Valuables			
<input type="checkbox"/>	Passport		
<input type="checkbox"/>	Cash		You are strongly recommended to exchange some money to Japanese Yen at the airport when you arrive in Japan.
<input type="checkbox"/>	T/C		
<input type="checkbox"/>	Air Ticket		An official receipt is necessary to receive your subsidy from AOTS. (*)
<input type="checkbox"/>	Credit Card		You cannot use any credit card at the AOTS training centers.
<input type="checkbox"/>	Photograph		You need 2 photos to apply for Alien Registration (if you stay in Japan 90 days or longer). (*)
<input type="checkbox"/>	Overseas Travel Insurance		AOTS provides insurance cover(*) while you are in Japan (from the end of immigration examination to departure, excluding while you are in flight).
*Please refer to 'Training Life in Japan'. (http://www.aots.or.jp/eng/t_prg_j/life/index.html)			
<input type="checkbox"/>	Medicine	△	For emergencies, the front desk of the AOTS Training Centers has some medicines. However, please bring your own medicines if you need.
Amenity goods		There is no provision of towels or soap at the AOTS Training Center. AOTS trainees are advised to bring their own. Otherwise, they may purchase such daily necessities at the front desk of the centers.	
<input type="checkbox"/>	Bath Towel	○	
<input type="checkbox"/>	Towel	○	
<input type="checkbox"/>	Soap	○	
<input type="checkbox"/>	Shampoo	○	
<input type="checkbox"/>	Toothbrush/toothpaste	○	
<input type="checkbox"/>	Shaver/razor	○	
<input type="checkbox"/>	Detergent	○	
Clothes			
<input type="checkbox"/>	Business suit/shoes		
<input type="checkbox"/>	Casual clothes		
Daily necessities			
<input type="checkbox"/>	Stationery	○	
<input type="checkbox"/>	Umbrella	○	
Others			
<input type="checkbox"/>	Camera		
<input type="checkbox"/>	Film	○	
<input type="checkbox"/>	Video camera		
<input type="checkbox"/>	Personal computer		